Example 3 - Sierra

2016

NATIONAL COMPETENCY STANDARDS FRAMEWORK FOR PHARMACISTS IN AUSTRALIA

*Note – this case is an example only. It has been developed to illustrate, not limit, how the self-assessment and learning plan tools can be used.

Sierra undertakes a self-assessment

Step 1: Identify the competency standards relevant to your scope of practice

1a. What is your scope of practice?

Current scope: I work as a locum pharmacist in regional and rural areas across NSW and Qld.

In community pharmacies, I have roles such as dispensing, providing primary healthcare advice and other professional services (MedsCheck, opioid replacement therapy) and counselling patients.
I also provide pharmacy services support to Aboriginal Medical Services.
I am an accredited pharmacist and perform Home Medicines Reviews and Residential Medication Management Reviews.

Future scope: Nothing different planned.

1b. Identify which competency standards are relevant to your scope of practice.

Sierra works through the five Domains to confirm the competency standards that are relevant to her current and future role.

She makes the following notes:

Domain 1. Professionalism and ethics – all standards are applicable to all pharmacists

Domain 2. Communication and collaboration – all standards are applicable to all pharmacists

Domain 3. Medicines management and patient care – all standards are applicable to my current role.

Domain 4. Leadership and management – standards 4.1 and 4.2 are applicable to all pharmacists.

Domain 5. Education and research – standards 5.1 and 5.3 apply to my current role.

Domain 1

Professionalism and ethics

1.1 Do I uphold professionalism in practice?*

   1.1.1   Do I promote a culture of professionalism?

   1.1.2   Do I uphold the professional role of a pharmacist?

   1.1.3   Do I apply understanding and knowledge of medicines management and use in society?

   1.1.4   Do I accept professional responsibility and accountability?

   1.1.5   Do I work with commitment, diligence and care?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

Repeat locum work is dependent on me demonstrating professionalism, integrity and respect. While each work-place has its unique challenges and opportunities, there are commonalities in the way medicines are used, and inadvertently or intentionally misused, and I keep across this information to uphold the role I play in medication management.

1.2 Do I observe and promote ethical standards?*

   1.2.1   Do I support ethical professional practice?

   1.2.2   Do I manage ethical issues arising in practice?

   1.2.3   Do I promote ethical professional practice?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

I have read the Pharmacy Board's code of conduct and PSA's Code of Ethics. I understand an Ethics Advisory Service exists if I need guidance. With constantly changing settings and people with which I work, I find it useful to regularly reflect on how ethical standards apply in different scenarios.

1.3 Do I practise within applicable legal frameworks?*

1.3.1 Do I comply with statute law, guidelines, codes and standards?

1.3.2 Do I respond to common law requirements?

1.3.3 Do I respect and protect the individual's rights to privacy and confidentiality?

1.3.4 Do I assist individuals to understand and grant informed consent?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

With practising in 2 states, it is important I maintain awareness for any changes to legislation that impact on my practice. The key area I want to focus on is around S8s, including opioid substitution therapy.

1.4 Do I maintain and extend my own professional competence?*

1.4.1 Do I adopt a scope of practice consistent with my competence?

1.4.2 Do I determine professional development needs with reference to the competency standards?

1.4.3 Do I acquire and apply practice expertise??

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

When I work in new locum placements, I can be caught off guard when they deliver certain services that I may not feel confident in. So that I can fulfil my supervision obligations, I use a checklist to work through with pharmacies where I will be locuming. This way, if the pharmacy offers a professional service that I haven't done before, I can understand my role and prepare appropriately.

1.5 Do I apply expertise in professional practice?*

    1.5.1   Do I apply expert knowledge and skills?

    1.5.2   Do I use reasoning and judgement?

    1.5.3   Do I demonstrate accountability and responsibility?

    1.5.4   Do I use professional autonomy?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

I see my expertise as being a 'generalist' in order to work in multiple pharmacies as a locum. I deal effectively with routine situations and have confidence in my problem-solving skills when faced with non-routine situations.

1.6 Do I contribute to continuous improvement in quality and safety?*

    1.6.1   Do I collaborate to improve quality and safety across the continuum of care?

    1.6.2   Do I monitor and respond to sources of risk?

    1.6.3   Do I follow up incidents or lapses in care?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

It can be challenging to contribute to this work in pharmacies when you only locum. However, working across many different settings gives me a unique insight, particularly in identifying areas of risk. At the end of each locum, I have a de-brief session with the owner where I have the opportunity to provide feedback.

Name: ....   Date completed: /   / 20

Domain 2

Communication and collaboration

2.1 Do I collaborate and work in partnership for the delivery of patient-centred, culturally responsive care?*

2.1.1 Do I respect the personal characteristics, rights, preferences, values, beliefs, needs and cultural and linguistic diversity of patients and other clients, including Aboriginal and Torres Strait Islander peoples?

2.1.2 Do I support and respect the rights of patients and other clients to contribute to decision-making?

2.1.3 Do I promote patient/client engagement with feedback and follow-up systems?

2.1.4 Do I consider the impact of the physical environment?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

Locuming provides me with the opportunity to work with diverse patients and clients and colleagues. When I started providing services to the Aboriginal Medical Services, I completed cultural awareness training, but this is an area that I feel can always be done better.

2.2 Do I collaborate with professional colleagues?*

2.2.1 Do I show a commitment to interprofessional practice?

2.2.2 Do I engage in teamwork and consultation?

2.2.3 Do I promote effective interprofessional practice?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

I need to establish relationships with the pharmacy team quickly as the locum. I try to understand key relationships before each locum position. With repeat locums, I have greater opportunity to develop and promote interprofessional relationships. I also collaborate with staff in general practices when undertaking HMRs and RMMRs.

2.3 Do I communicate effectively?*

> 2.3.1 Do I use appropriate communication skills?
>
> 2.3.2 Do I confirm the effectiveness of my communication?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

I am confident with my communication skills – verbal and written. I actively seek feedback on my HMR reports to ensure my recommendations are communicated appropriately.

2.4 Do I apply interpersonal communication skills to address problems?*

> 2.4.1 Do I analyse the problem or issue to be addressed and the possible solutions?
>
> 2.4.2 Do I engage with others as appropriate to resolve the identified problem or issue?
>
> 2.4.3 Do I review outcomes achieved and assess follow-up requirements?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

Statement explaining your self-assessment:

I am confident with my communication skills – and have the opportunity to apply them with many different types of people through my locum work.

Name: .... Date completed: / / 20

Domain 3

Medicines management and patient care

3.1. Do I develop a patient-centred, culturally responsive approach to medication management?

    3.1.1   Do I obtain relevant health and medicines information?

    3.1.2   Do I assess medication management practices and needs?

    3.1.3   Do I collaborate to develop a medication management strategy or plan??

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

Nothing specific, but I recognise there is a general need to maintain awareness of the latest guidelines and evidence to support my practice in community pharmacy. Also what relates to the health outcomes of Aboriginal and Torres Strait Islander peoples.

3.2 Do I implement the medication management strategy or plan?

    3.2.1   Do I administer medicines?

    3.2.2   Do I provide primary care and promote judicious use of medicines?

    3.2.3   Do I dispense medicines (including compounded medicines) in consultation with the patient and/or prescriber?

    3.2.4   Do I prescribe medicines?

    3.2.5   Do I provide counselling and information for safe and effective medication management?

    3.2.6   Do I facilitate continuity of care including during transitions of care?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

There is a general need to maintain awareness of the latest guidelines and evidence to support my practice in community pharmacy.

I want to focus on legal and professional obligations for S8s, particularly state-specific differences, and impact on pathways for communication/referral to doctors and people discharged from hospitals.

3.3 Do I monitor and evaluate medication management?

    3.3.1 Do I undertake a clinical review?

    3.3.2 Do I apply clinical review findings to improve health outcomes?

    3.3.3 Do I document clinical review findings and changes in medication management?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

There is a general need to maintain awareness of the latest guidelines and evidence to support my practice doing MedsChecks, HMRs and RMMRs.

3.4 Do I compound medicines?

    3.4.1 Do I determine the required formulation?

    3.4.2 Do I confirm the availability of suitable resources?

    3.4.3 Do I apply risk management strategies?

    3.4.4 Do I prepare products non-aseptically?

    3.4.5 Do I prepare products aseptically?

    3.4.6 Do I prepare cytotoxic or other hazardous drug products?

    3.4.7 Do I complete appropriate documentation?

    3.4.8 Do I optimise packaging and supplementary labelling?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

The pharmacies I work in do simple compounding. I am aware of recent guidelines from the Pharmacy Board and PSA that have been released, but need to look into how they correlate with the policies and procedures of pharmacies where I am locuming.

3.5 Do I support Quality Use of Medicines?

3.5.1 Do I review trends in medicine use?

3.5.2 Do I promote evidence-based medicine use?

☑ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☑ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

In providing pharmacy services to Aboriginal Medical Services, I do site visits where I may do audits to inform their medication management practices. I also promote evidence-based medicines use through HMRs and RMMRs. I feel comfortable with how I currently support this function, but need to keep across the latest guidelines to inform my work.

3.6 Do I promote health and wellbeing?

3.6.1 Do I assist the development of health literacy?

3.6.2 Do I support health promotion activities and health services intended to maintain and improve health?

3.6.3 Do I support evidence-based public health programs?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

I feel comfortable in my abilities working in community pharmacies and Aboriginal Medical Services, and when conducting HMRs and RMMRs, to promote healthy lifestyle choices. I have a good awareness of online resources, in case the places where I am locuming do not have printed resources. I also am aware of information tailored to Aboriginal and Torres Strait Islander peoples.

Name: .... Date completed: /   / 20

Domain 4

Leadership and management

4.1 Do I show leadership of myself?*

4.1.1 Do I display emotional awareness and effective self-regulation of emotions?

4.1.2 Do I apply reflective skills for self-assessment?

4.1.3 Do I display self-motivation, an innovative mindset and motivate others?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

I think my diverse scope of practice reflects a high level of self-leadership.

4.2 Do I manage my professional contribution?*

4.2.1 Do I work with established systems?

4.2.2 Do I plan and prioritise work?

4.2.3 Do I maintain productivity?

4.2.4 Do I monitor progress and priorities?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

I think my diverse scope of practice, together with repeat locum opportunities offered, reflects my professional contribution is recognised by those workplaces.

4.3　Do I show leadership in practice?

    4.3.1　Do I inspire a strategic vision and common purpose?

    4.3.2　Do I foster initiative and contribute to innovation, improvement and service development?

    4.3.3　Do I encourage, influence and facilitate change?

    4.3.4　Do I serve as a role model, coach and mentor for others?

☐ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*
☑ Not relevant to my scope of practice	
Statement explaining your self-assessment:	
n/a	

4.4　Do I participate in organisational planning and review?

    4.4.1　Do I undertake strategic and/or operational planning?

    4.4.2　Do I develop a business plan and monitor performance?

    4.4.3　Do I establish suitable premises and infrastructure?

    4.4.4　Do I undertake workforce planning?

    4.4.5　Do I develop and maintain supporting systems and strategies?

☐ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*
☑ Not relevant to my scope of practice	
Statement explaining your self-assessment:	
n/a	

4.5 Do I plan and manage physical and financial resources?

    4.5.1   Do I plan and manage finances?

    4.5.2   Do I maintain the physical environment and acquire required resources?

    4.5.3   Do I contribute to the efficient and effective use of resources?

☐ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☑ Not relevant to my scope of practice

Statement explaining your self-assessment:

n/a

4.6 Do I plan, manage and build human resource capability?

    4.6.1   Do I recruit and retain personnel?

    4.6.2   Do I establish role clarity and performance standards?

    4.6.3   Do I supervise personnel?

    4.6.4   Do I develop personnel and promote improved performance?

    4.6.5   Do I manage interpersonal relationships with supervised personnel?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

I supervise staff when locuming. I make sure I am aware of policies and procedures in each pharmacy I work so that I am comfortable with delegations and where autonomous decision-making may occur, I monitor staff to ensure they are meeting their responsibilities, and that I am meeting my professional obligations, appropriately.

4.7　Do I participate in organisational management?

4.7.1　Do I understand and contribute to organisational/corporate and clinical governance?

4.7.2　Do I support and assist implementation of health care priorities?

4.7.3　Do I undertake project management?

4.7.4　Do I contribute to professional activities planning with consideration of strategic context?

4.7.5　Do I apply and monitor standards of practice?

4.7.6　Do I work across service delivery boundaries?

4.7.7　Do I contribute to the effective management of risk, including threats to service continuity?

☐ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*
☑ Not relevant to my scope of practice	

Statement explaining your self-assessment:

n/a

Name: ....　Date completed:　　/　　/ 20

Domain 5

Education and research

5.1 Do I deliver education and training?

    5.1.1   Do I plan education and training?

    5.1.2   Do I conduct education and training consistent with educational practice?

    5.1.3   Do I contribute to continuing professional development of others?

    5.1.4   Do I link practice and education?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

I am confident in how I do this as part of providing pharmacy services to Aboriginal Medical Services.

5.2 Do I participate in research?

    5.2.1   Do I establish research partnerships?

    5.2.2   Do I identify gaps in the evidence-base?

    5.2.3   Do I undertake critical evaluation activities?

    5.2.4   Do I design and deliver research projects to address gaps in the evidence-base and identify areas for innovation and advances in practice?

    5.2.5   Do I supervise others undertaking research?

☐ Relevant to my current or future/planned scope of practice	☐ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☑ Not relevant to my scope of practice

Statement explaining your self-assessment:

n/a

5.3   Do I research, synthesis and integrate evidence into practice?

5.3.1   Do I identify information needs and resource requirements?

5.3.2   Do I retrieve relevant information/evidence in a timely manner?

5.3.3   Do I apply research evidence into practice?

5.3.4   Do I provide advice and recommendations?

☑ Relevant to my current or future/planned scope of practice	☑ Development is not required
	☐ Ongoing development is required for current scope *(Describe what you need to work on.)*
	☐ Development is required for future/planned scope *(Describe what you need to work on.)*

☐ Not relevant to my scope of practice

Statement explaining your self-assessment:

I am confident in how I do this through my HMRs, RMMRs and in providing pharmacy services to Aboriginal Medical Services.

Name: ....   Date completed: /   / 20

Sierra's professional development goals

Self-assessment summary

Mark those competency standards (below) that you have identified in your self-assessment that development is required (for your current scope and future/planned roles and services).

Domain 1 Professionalism and ethics	Domain 2 Communication and collaboration	Domain 3 Medicines management and patient care	Domain 4 Leadership and management	Domain 5 Education and research
☐ 1.1	☑ 2.1	☑ 3.1	☐ 4.1	☐ 5.1
☑ 1.2	☐ 2.2	☑ 3.2	☐ 4.2	☐ 5.2
☑ 1.3	☐ 2.3	☑ 3.3	☐ 4.3	☐ 5.3
☐ 1.4	☐ 2.4	☑ 3.4	☐ 4.4	
☐ 1.5		☑ 3.5	☐ 4.5	
☐ 1.6		☐ 3.6	☐ 4.6	
			☐ 4.7	

Goals*

Review the areas where you have self-assessed that development is required and convert these into professional development goals. You are likely to have many goals, typically four to six. Describe what you want to achieve. You may need to prioritise the goals you focus on this CPD year.

The case studies available may provide you with useful guidance on how to write a goal.

1. To update awareness of the latest guidelines and evidence to support my practice in community pharmacy and conducting HMRs and RMMRs

2. To update awareness of the latest guidelines and evidence to support my practice relating to Aboriginal and Torres Strait Islander health and services through Aboriginal Medical Services

3. To review my understanding of comparative legislation for dispensing S8s, including for opioid substitution therapy

4.

5.

*If you want to add more goals, add more rows to this table.

You are now ready to move onto your learning plan tool.

Name: .... Date completed: /   / 20

Sierra starts completing her learning plan

Step 3: Identify the activities you can take to reach each of your goals

Step 4: Reflect on progress towards or, achievement of, each of your goals

Goal 1:

To update awareness of the latest guidelines and evidence to support my practice in community pharmacy and conducting HMRs and RMMRs

	Identify activities you could take to reach your goal. Once completed, reflect on how the activity has helped achieve this goal and impacted on your practice.	
Activity 1	**Activity:** Read monthly pharmacy journal and complete assessments – Nov, Dec and Jan	
	Activity completed ✔	**Reflection:** November issue: The articles on medicinal cannabis spanned issues covering clinical, legal/policy and implementation in practice. I will need to contact upcoming locum pharmacies to see whether dispensing may occur from these pharmacies during the period I am there – may need to do further work on this if it is. December issue: The update on sedative use in the elderly, and management strategies, will be useful to apply in medication reviews. Also good refreshers on management of depression, alcohol misuse and drug interactions. January issue: A useful focus on medicines use in the elderly – falls, vitamin D use, swallowing difficulties, urinary incontinence. This will be particularly useful to apply in medication reviews. The tips on communicating with people with urinary incontinence will help me be more proactive in the pharmacy when people are requesting pads.
	Competencies covered: 3.1, 3.2, 3.3, 3.5, 3.6	
	CPD credits: 10 Group 2	

Activity 2	**Activity:** Watch the 3-hour online lecture on pain management	
	Activity completed ✔	**Reflection:** Good refresher to prepare for codeine rescheduling. Focus was on how to manage challenging conversations and the importance of having referral pathways and supports in place.
	Competencies covered: 1.5, 2.1, 2.2, 3.1, 3.2, 3.3, 3.5, 3.6	
	CPD credits: 3 Group 1	

Activity 3	Activity: Complete a Pharmacy Practice Review (PPR)	
	Activity completed ✔	Reflection: Completed the PPR on COPD – with a focus on demonstrating devices and evaluating medicines. It provided me with a good update on the stepwise management of COPD. I elected to do 5 episodes of care (not 10). It probably wasn't enough to really embed the approach. So even though I could only record reflections (and CPD) on 5 episodes of care, I continued to use the approach for another 5 episodes. I now feel I have a systematic approach to demonstrating and assessing the correct inhaler technique for all the inhaler devices, and can better support patients during step up or changes in COPD treatment. For future PPRs, I think I will elect to do 10 episodes of care.
	Competencies covered: 1.1, 1.4, 1.5, 1.6, 2.1, 2.2, 2.3, 2.4, 3.1, 3.2., 3.3, 3.5, 3.6, 4.7	
	CPD credits: 15 Group 3 credits	

Activity 4	Activity: Complete online module on Naloxone rescheduling (with assessment)	
	Activity completed ✔	Reflection: This provided me with a good understanding of the signs and symptoms of opioid overdose, the pharmacology and administration of Naloxone, and my role as the pharmacist in education to ensure the safe and effective supply of this medicine. It didn't cover the legal aspects to the extent I was expecting, so I will need to see what else I can find about this.
	Competencies covered: 1.3, 2.3, 3.1, 3.2, 3.3, 3.6	
	CPD credits: 2 Group 2	

Activity 5	Activity: Read monthly pharmacy journal and complete assessments – Feb, Mar, Apr	
	Activity completed ☐	Reflection: Still to do
	Competencies covered:	
	CPD credits:	

Activity 6	Activity: Read monthly pharmacy journal and complete assessments – May, Jun, July	
	Activity completed ☐	Reflection: Still to do
	Competencies covered:	
	CPD credits:	

Activity 7	Activity: Read monthly pharmacy journal and complete assessments – Aug, Sept, Oct	
	Activity completed ☐	Reflection: Still to do
	Competencies covered:	
	CPD credits:	

Name: .... Date completed: / / 20

Goal 2:

To update awareness of resources to support my practice relating to Aboriginal and Torres Strait Islander health and services through Aboriginal Medical Services

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Identify activities you could take to reach your goal.

Once completed, reflect on how the activity has helped achieve this goal and impacted on your practice.

Activity 1

Activity:

Review health promotion resources available online through credible sources

Activity completed ✔	Reflection:
Competencies covered: 2.1, 3.1, 3.2, 3.3, 3.5, 5.	Identified 'Australian Indigenous HealthInfoNet' to be the largest collation of credible resources from various sources – collated by Edith Cowan University. Contains a wide range of resources – resource packages, audiovisual, factsheets, posters, articles – across a broad range of clinical topics relevant to Aboriginal and Torres Strait Islander health. These are a good reference point that I will be able to use in my work with Aboriginal Medical Services to better communicate with indigenous clients to promote better health outcomes in this demographic.
CPD credits: 2 Group 1	

Activity 2

Activity:

Online modules on Indigenous health and cultural competency (interactive but no formal assessment included for content)

Activity completed ✔	Reflection:
Competencies covered: 2.1, 2.2, 3.1, 3.2, 3.3, 3.5, 3.6	Delivered by the association for social workers, it had modules covering the more general principles of culturally competent care and communication, and health literacy and diversity of health beliefs. Then, as the modules continued, the tailoring to have a much greater focus on the social worker context was surprisingly useful – covering the roles of Aboriginal Liaison Officers, ED access and experiences, discharge planning, and end of life care. As I often work with patients who have transitioned from hospital to community it provided useful insight into cultural aspects of indigenous health that will make me better able to communicate with and assist patients in this demographic.
CPD credits: 10 Group 1	

Activity 3

Activity:

Find a mechanism to receive alerts about Aboriginal and Torres Strait Islander health issues

Activity completed ✔	Reflection:
Competencies covered: –	I have subscribed to the NACCHO newsletters. Will need to reassess after a few months if this provides sufficient notification about changes and latest evidence relating to Aboriginal and Torres Strait Islander health. (And if the newsletters are sufficiently educational and advance my practice, I will be able claim Group 1 CPD credits for time spent)
CPD credits: –	

Name: .... Date completed: / / 20

Goal 3:

To review my understanding of comparative expectations for dispensing S8s, including for opioid substitution therapy, for NSW and Qld.

	Identify activities you could take to reach your goal. Once completed, reflect on how the activity has helped achieve this goal and impacted on your practice.

Activity 1

Activity:

Review legislation for NSW and Qld relating to S8 dispensing.

Activity completed ✔	**Reflection:**
Competencies covered: 1.3	Noted Qld specific differences re stocktake requirements when taking over a dispensary for more than 7 days; multiple medicines can be written on one prescription if they are all different forms of the first medicine; if dose higher than maximum recommended dose prescriber must underline and initial the dose; dispensary assistants handling S8s must be recognised by Chief Executive.
CPD credits: 4 Group 1	Noted NSW specific difference that repeat prescriptions must be retained at pharmacy which dispensed original supply.
	This updated knowledge will ensure that I am able to comply with S8 legislation in each of the 2 states that I locum in.

Activity 2

Activity:

Review guidelines for NSW and Qld relating to opioid replacement therapy

Activity completed ✔	**Reflection:**
Competencies covered: 1.3, 2.2, 3.1, 3.2, 3.3, 3.6	Good refresher for opioid replacement therapy. No changes to practice currently anticipated. Keeping copies of the Opioid Replacement Therapy guidelines for the 2 states on hand, so I can refer to them prior to each relevant locum.
CPD credits: 2 Group 1	Identified a learning need to also look at naloxone rescheduling; added to Goal 1.

Activity 3

Activity:

Activity completed ☐	**Reflection:**
Competencies covered:	
CPD credits:	

Name: ....   Date completed: /   / 20