

2016

NATIONAL COMPETENCY
STANDARDS FRAMEWORK
FOR PHARMACISTS
IN AUSTRALIA

Example 2 - Aron



**Note – this case is an example only. It has been developed to illustrate, not limit, how the self-assessment and learning plan tools can be used.*

Aron undertakes a self-assessment

Step 1: Identify the competency standards relevant to your scope of practice

1a. What is your scope of practice?

Current scope: I work in a large tertiary hospital, primarily in the cardiology ward, but also one day a week on-call in the emergency department. Roles include dispensing medicines, reviewing medication charts, patient counselling, monitoring of prescribing patterns, developing prescribing guidelines, and coordinating and monitoring clinical trials. Our hospital is participating in a national project to improve health outcomes for Aboriginal and Torres Strait Islander peoples presenting with acute coronary syndromes. I also have an adjunct role lecturing at the university.

Future scope: I am to be rostered to an area in complex cardiac cases in the near future.

1b. Identify which competency standards are relevant to your scope of practice.

Aron works through the five Domains to confirm the competency standards that are relevant to his current and future role.

He makes the following notes:

Domain 1. Professionalism and ethics – all standards are applicable to all pharmacists

Domain 2. Communication and collaboration – all standards are applicable to all pharmacists

Domain 3. Medicines management and patient care – all standards are applicable to my current role

Domain 4. Leadership and management – standards 4.1 and 4.2 are applicable to all pharmacists. With the project for Aboriginal and Torres Strait Islander people, I will need to look at standards 4.3 and 4.7

Domain 5. Education and research – standards 5.1 and 5.2 apply to my current scope. With the rostering in complex cardiac cases, I will need to look at expectations relating to standard 5.3 further

Step 2: Self-assess your practice against the Framework to identify your professional development needs and define your professional development goals

Domain 1

Professionalism and ethics

1.1 Do I uphold professionalism in practice?*

- 1.1.1 Do I promote a culture of professionalism?
- 1.1.2 Do I uphold the professional role of a pharmacist?
- 1.1.3 Do I apply understanding and knowledge of medicines management and use in society?
- 1.1.4 Do I accept professional responsibility and accountability?
- 1.1.5 Do I work with commitment, diligence and care?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input checked="" type="checkbox"/> Development is not required
	<input type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Statement explaining your self-assessment:

In the project for Aboriginal and Torres Strait Islander people, workshops on culturally appropriate care and quality improvement helped everyone in the team to reflect on the community's expectation to be professional, our individual roles in care, and meeting the needs of this disadvantaged population. I am confident I meet these obligations for all populations served.

1.2 Do I observe and promote ethical standards?*

- 1.2.1 Do I support ethical professional practice?
- 1.2.2 Do I manage ethical issues arising in practice?
- 1.2.3 Do I promote ethical professional practice?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input type="checkbox"/> Development is not required
	<input checked="" type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Statement explaining your self-assessment:

I am guided by the Pharmacy Board's code of conduct and the SHPA Code of Ethics. There is a Clinical Ethics Committee at the hospital to support me (and other health professionals) where ethical issues arise to assist me with decision-making related to my clinical practice.

All research activities pass through our Human Research Ethics Committee. While not a priority, I would like to better understand expectations around ethical implications when encouraging the recruitment of participants whose primary language is other than English.

1.3 Do I practise within applicable legal frameworks?*

1.3.1 Do I comply with statute law, guidelines, codes and standards?

1.3.2 Do I respond to common law requirements?

1.3.3 Do I respect and protect the individual's rights to privacy and confidentiality?

1.3.4 Do I assist individuals to understand and grant informed consent?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

I am aware of the legal requirements for my current scope of practice. There aren't different legal requirements associated with my movement into complex cardiac care.

1.4 Do I maintain and extend my own professional competence?*

1.4.1 Do I adopt a scope of practice consistent with my competence?

1.4.2 Do I determine professional development needs with reference to the competency standards?

1.4.3 Do I acquire and apply practice expertise??

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

I am using a systematic process to ensuring I understand my scope of practice, and consider my professional development needs.

1.5 Do I apply expertise in professional practice?*

- 1.5.1 Do I apply expert knowledge and skills?
- 1.5.2 Do I use reasoning and judgement?
- 1.5.3 Do I demonstrate accountability and responsibility?
- 1.5.4 Do I use professional autonomy?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

My expertise primarily involves cardiac care, and this expertise is advancing, hence my move into contributing to the more complex cases.

1.6 Do I contribute to continuous improvement in quality and safety?*

- 1.6.1 Do I collaborate to improve quality and safety across the continuum of care?
- 1.6.2 Do I monitor and respond to sources of risk?
- 1.6.3 Do I follow up incidents or lapses in care?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

In the project for Aboriginal and Torres Strait Islander people, everyone in our team is collaborating on quality improvement. While this project has a specific focus, the principles and lessons are being applied across our work more broadly.

Name: Date completed: / / 20

Domain 2

Communication and collaboration

2.1 Do I collaborate and work in partnership for the delivery of patient-centred, culturally responsive care?*

- 2.1.1 Do I respect the personal characteristics, rights, preferences, values, beliefs, needs and cultural and linguistic diversity of patients and other clients, including Aboriginal and Torres Strait Islander peoples?
- 2.1.2 Do I support and respect the rights of patients and other clients to contribute to decision-making?
- 2.1.3 Do I promote patient/client engagement with feedback and follow-up systems?
- 2.1.4 Do I consider the impact of the physical environment?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

In the project for Aboriginal and Torres Strait Islander people, our team participated in a culturally appropriate care workshop. While this had a specific focus, it has reinforced the elements of providing patient-centred and culturally responsive care.

As I take on rosters in complex cardiac care, I would like to better understand how I should support patients with end of life decisions and care, and how our team uses advance care directives.

2.2 Do I collaborate with professional colleagues?*

- 2.2.1 Do I show a commitment to interprofessional practice?
- 2.2.2 Do I engage in teamwork and consultation?
- 2.2.3 Do I promote effective interprofessional practice?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

I have good relationships with the teams I work with in the hospital, and processes that we follow for consultation and referral, etc.

2.3 Do I communicate effectively?*

2.3.1 Do I use appropriate communication skills?

2.3.2 Do I confirm the effectiveness of my communication?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

I believe I communicate well in person. Our hospital's medical records system has recently been upgraded and we have all had training in using it to communicate patient information effectively.

2.4 Do I apply interpersonal communication skills to address problems?*

2.4.1 Do I analyse the problem or issue to be addressed and the possible solutions?

2.4.2 Do I engage with others as appropriate to resolve the identified problem or issue?

2.4.3 Do I review outcomes achieved and assess follow-up requirements?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Statement explaining your self-assessment:

I have good communication skills, and patients and colleagues often compliment me on this. When other staff members are faced with challenging situations with patients, they often ask me to help them resolve the issue. The outcomes from my ClinCAT identified that development was not needed in this area.

Name: Date completed: / / 20

Domain 3

Medicines management and patient care

3.1. Do I develop a patient-centred, culturally responsive approach to medication management?

- 3.1.1 Do I obtain relevant health and medicines information?
- 3.1.2 Do I assess medication management practices and needs?
- 3.1.3 Do I collaborate to develop a medication management strategy or plan??

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input type="checkbox"/> Development is not required
	<input checked="" type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input checked="" type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Not relevant to my scope of practice

Statement explaining your self-assessment:

As new evidence is released and guidelines are changed, there is a constant need to keep up-to-date in all areas of my practice.

In terms of my move into more complex cardiac cases, I need a greater understanding of how these assessments occur in the context of end of life care and advance care directives.

3.2 Do I implement the medication management strategy or plan?

- 3.2.1 Do I administer medicines?
- 3.2.2 Do I provide patient care and promote judicious use of medicines?
- 3.2.3 Do I dispense medicines (including compounded medicines) in consultation with the patient and/or prescriber?
- 3.2.4 Do I prescribe medicines?
- 3.2.5 Do I provide counselling and information for safe and effective medication management?
- 3.2.6 Do I facilitate continuity of care including during transitions of care?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input type="checkbox"/> Development is not required
	<input checked="" type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input checked="" type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Not relevant to my scope of practice

Statement explaining your self-assessment:

As new evidence is released and guidelines are changed, there is a constant need to keep up-to-date in all areas of my practice.

In terms of my move into more complex cardiac cases, I need to ensure I stay across the literature for more complex cases.

3.3 Do I monitor and evaluate medication management?

3.3.1 Do I undertake a clinical review?

3.3.2 Do I apply clinical review findings to improve health outcomes?

3.3.3 Do I document clinical review findings and changes in medication management?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

As new evidence is released and guidelines are changed, there is a constant need to keep up-to-date in all areas of my practice.

In terms of my move into more complex cardiac cases, I need to ensure I stay across the literature for more complex cases.

3.4 Do I compound medicines?

3.4.1 Do I determine the required formulation?

3.4.2 Do I confirm the availability of suitable resources?

3.4.3 Do I apply risk management strategies?

3.4.4 Do I prepare products non-aseptically?

3.4.5 Do I prepare products aseptically?

3.4.6 Do I prepare cytotoxic or other hazardous drug products?

3.4.7 Do I complete appropriate documentation?

3.4.8 Do I optimise packaging and supplementary labelling?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

n/a

3.5 Do I support Quality Use of Medicines?

3.5.1 Do I review trends in medicine use?

3.5.2 Do I promote evidence-based medicine use?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input checked="" type="checkbox"/> Development is not required
	<input type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Not relevant to my scope of practice

Statement explaining your self-assessment:

I routinely follow hospital guidelines on medicines use and there is a mechanism to evaluate the application of those guidelines. The outcomes from my ClinCAT identified that development was not needed in this area.

3.6 Do I promote health and wellbeing?

3.6.1 Do I assist the development of health literacy?

3.6.2 Do I support health promotion activities and health services intended to maintain and improve health?

3.6.3 Do I support evidence-based public health programs?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input checked="" type="checkbox"/> Development is not required
	<input type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Not relevant to my scope of practice

Statement explaining your self-assessment:

In counselling patients, I use hospital resources to support healthy lifestyle choices, including smoking cessation, for patients.

Name: Date completed: / / 20

Domain 4

Leadership and management

4.1 Do I show leadership of myself?*

4.1.1 Do I display emotional awareness and effective self-regulation of emotions?

4.1.2 Do I apply reflective skills for self-assessment?

4.1.3 Do I display self-motivation, an innovative mindset and motivate others?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

The hospital has formal feedback systems and I routinely reflect on my behaviour/interactions with management, colleagues and patients. The formal feedback I have received indicates that I have good skills in inspiring others and assisting them to improve. I show empathy to patients and colleagues. I am flexible in dealing with situations. I am aware of my strengths and limitations. I am aware of my emotions and their effects, and believe I demonstrate integrity and consistency in my personal and professional values.

4.2 Do I manage my professional contribution?*

4.2.1 Do I work with established systems?

4.2.2 Do I plan and prioritise work?

4.2.3 Do I maintain productivity?

4.2.4 Do I monitor progress and priorities?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

I manage my workload in accordance with professional and legal obligations. I manage my tasks by setting priorities for day-to-day activities and manage my project work to achieve a high level of performance including my productivity and the standard of my contribution.

4.3 Do I show leadership in practice?

- 4.3.1 Do I inspire a strategic vision and common purpose?
- 4.3.2 Do I foster initiative and contribute to innovation, improvement and service development?
- 4.3.3 Do I encourage, influence and facilitate change?
- 4.3.4 Do I serve as a role model, coach and mentor for others?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

I show leadership through participating in Practice Groups in cardiology in the hospital.

As the project for Aboriginal and Torres Strait Islander people progresses, I will need to provide leadership on how pharmacists contribute to improving the health outcomes for these patients, and influence changes in how our team works. However, at this stage of the project, I feel comfortable with the way I am doing this.

4.4 Do I participate in organisational planning and review?

- 4.4.1 Do I undertake strategic and/or operational planning?
- 4.4.2 Do I develop a business plan and monitor performance?
- 4.4.3 Do I establish suitable premises and infrastructure?
- 4.4.4 Do I undertake workforce planning?
- 4.4.5 Do I develop and maintain supporting systems and strategies?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

n/a

4.5 Do I plan and manage physical and financial resources?

4.5.1 Do I plan and manage finances?

4.5.2 Do I maintain the physical environment and acquire required resources?

4.5.3 Do I contribute to the efficient and effective use of resources?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

n/a

4.6 Do I plan, manage and build human resource capability?

4.6.1 Do I recruit and retain personnel?

4.6.2 Do I establish role clarity and performance standards?

4.6.3 Do I supervise personnel?

4.6.4 Do I develop personnel and promote improved performance?

4.6.5 Do I manage interpersonal relationships with supervised personnel?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

n/a

4.7 Do I participate in organisational management?

- 4.7.1 Do I understand and contribute to organisational/corporate and clinical governance?
- 4.7.2 Do I support and assist implementation of health care priorities?
- 4.7.3 Do I undertake project management?
- 4.7.4 Do I contribute to professional activities planning with consideration of strategic context?
- 4.7.5 Do I apply and monitor standards of practice?
- 4.7.6 Do I work across service delivery boundaries?
- 4.7.7 Do I contribute to the effective management of risk, including threats to service continuity?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input checked="" type="checkbox"/> Development is not required
	<input type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Not relevant to my scope of practice

Statement explaining your self-assessment:

In the project to improve outcomes for Aboriginal and Torres Strait Islander people, I am contributing to this health care priority, and will be implementing strategies as appropriate.

Name: Date completed: / / 20

Domain 5

Education and research

5.1 Do I deliver education and training?

- 5.1.1 Do I plan education and training?
- 5.1.2 Do I conduct education and training consistent with educational practice?
- 5.1.3 Do I contribute to continuing professional development of others?
- 5.1.4 Do I link practice and education?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

I provide education to colleagues about medicines-related issues identified through Drug Use Evaluations, and changes in evidence/guidelines. Our team has a fairly systematic process in place for doing this. I also teach students. I am confident in my contributions.

5.2 Do I participate in research?

- 5.2.1 Do I establish research partnerships?
- 5.2.2 Do I identify gaps in the evidence-base?
- 5.2.3 Do I undertake critical evaluation activities?
- 5.2.4 Do I design and deliver research projects to address gaps in the evidence-base and identify areas for innovation and advances in practice?
- 5.2.5 Do I supervise others undertaking research?

Relevant to my current or future/planned scope of practice

Development is not required

Ongoing development is required for current scope
(Describe what you need to work on.)

Development is required for future/planned scope
(Describe what you need to work on.)

Not relevant to my scope of practice

Statement explaining your self-assessment:

I am involved in the Quality Improvement project to improve outcomes for Aboriginal and Torres Strait Islander people, and have a formal feedback mechanism to evaluate my contribution.

5.3 Do I research, synthesis and integrate evidence into practice?

- 5.3.1 Do I identify information needs and resource requirements?
- 5.3.2 Do I retrieve relevant information/evidence in a timely manner?
- 5.3.3 Do I apply research evidence into practice?
- 5.3.4 Do I provide advice and recommendations?

<input checked="" type="checkbox"/> Relevant to my current or future/planned scope of practice	<input type="checkbox"/> Development is not required
	<input type="checkbox"/> Ongoing development is required for current scope <i>(Describe what you need to work on.)</i>
	<input checked="" type="checkbox"/> Development is required for future/planned scope <i>(Describe what you need to work on.)</i>

Not relevant to my scope of practice

Statement explaining your self-assessment:

As I move into working in more complex cardiac care, reliance on standard clinical guidelines for decision-making will be limited. I need to ensure I can retrieve relevant information, interpret its significance and apply it to complex patients in order to formulate recommendations.

Name: Date completed: / / 20

Aron's professional development goals

Self-assessment summary

Mark those competency standards (below) that you have identified in your self-assessment that development is required (for your current scope and future/planned roles and services).

Domain 1 Professionalism and ethics	Domain 2 Communication and collaboration	Domain 3 Medicines management and patient care	Domain 4 Leadership and management	Domain 5 Education and research
<input type="checkbox"/> 1.1	<input checked="" type="checkbox"/> 2.1	<input checked="" type="checkbox"/> 3.1	<input type="checkbox"/> 4.1	<input type="checkbox"/> 5.1
<input checked="" type="checkbox"/> 1.2	<input type="checkbox"/> 2.2	<input checked="" type="checkbox"/> 3.2	<input type="checkbox"/> 4.2	<input type="checkbox"/> 5.2
<input type="checkbox"/> 1.3	<input type="checkbox"/> 2.3	<input checked="" type="checkbox"/> 3.3	<input type="checkbox"/> 4.3	<input checked="" type="checkbox"/> 5.3
<input type="checkbox"/> 1.4	<input type="checkbox"/> 2.4	<input type="checkbox"/> 3.4	<input type="checkbox"/> 4.4	
<input type="checkbox"/> 1.5		<input type="checkbox"/> 3.5	<input type="checkbox"/> 4.5	
<input type="checkbox"/> 1.6		<input type="checkbox"/> 3.6	<input type="checkbox"/> 4.6	
			<input type="checkbox"/> 4.7	

Goals*

Review the areas where you have self-assessed that development is required and convert these into professional development goals. You are likely to have many goals, typically four to six. Describe what you want to achieve. You may need to prioritise the goals you focus on this CPD year.

The case studies available may provide you with useful guidance on how to write a goal.

1. To update my understanding of the latest evidence relating to cardiac and emergency care, and hospital practice in general

2. To extend my knowledge in complex cardiac care, developing a mechanism for staying abreast of the latest research and applying the research to individual cases

3. To understand my obligations in relation to patients with end of life decisions and care, and how our team uses advance care directives

4.

5.

*If you want to add more goals, add more rows to this table.

You are now ready to move onto your learning plan tool.

Name: Date completed: / / 20

Aron starts completing his learning plan

Step 3: Identify the activities you can take to reach each of your goals

Step 4: Reflect on progress towards or, achievement of, each of your goals

Goal 1:

To update my understanding of the latest evidence relating to hospital pharmacy practice, particularly in cardiac and emergency care

Identify activities you could take to reach your goal.

Once completed, reflect on how the activity has helped achieve this goal and impacted on your practice.

Activity 1	Activity: <i>Attend seminar in Emergency Medicine</i>	
	Activity completed <input checked="" type="checkbox"/>	Reflection:
	Competencies covered: <i>1.1, 1.2, 1.3, 1.6, 2.2, 4.2, 4.5, 3.1, 3.2, 3.3, 3.5, 5.2, 5.3</i>	<i>While targeted at those who are early career pharmacists in the ED, I found it useful given I work so irregularly there. Topics included resuscitation and advanced life support, toxicology, ambulance services and pre-hospital care, and acute pain control. The role of pharmacists was discussed through case studies, and I refreshed my knowledge in the management of anaphylaxis, arrhythmias, behavioural disturbances, sepsis, seizures and trauma.</i>
	CPD credits: <i>7 Group 1; 4 Group 2</i>	
Activity 2	Activity: <i>Read the quarterly pharmacy journal - November</i>	
	Activity completed <input checked="" type="checkbox"/>	Reflection:
	Competencies covered: <i>2.1, 2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.5, 3.6</i>	<i>General reading identified new drugs that have been released and their place in therapy, the medication safety issues that have become a problem recently and strategies for preventing them occurring.</i>
	CPD credits: <i>3 Group 1</i>	
Activity 3	Activity: <i>Read the quarterly pharmacy journal - February</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	<i>Still to do</i>
	CPD credits:	

Activity 4	Activity: <i>Read the quarterly pharmacy journal - May</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	<i>Still to do</i>
	CPD credits:	

Activity 5	Activity: <i>Read the quarterly pharmacy journal - August</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	<i>Still to do</i>
	CPD credits:	

Activity 6	Activity: <i>Attending Cardiac service ward rounds</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	<i>Still to do</i>
	CPD credits:	

Activity 7	Activity: <i>Attending Cardiology specific CPD events held within the hospital</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	<i>Still to do</i>
	CPD credits:	

Name: Date completed: / / 20



Goal 2:

To extend my knowledge in complex cardiac care, developing a mechanism for staying abreast of the latest research and applying the research to individual cases

Identify activities you could take to reach your goal.

Once completed, reflect on how the activity has helped achieve this goal and impacted on your practice.

Activity 1	Activity: <i>Attend advanced cardiology symposium</i>	
	Activity completed <input checked="" type="checkbox"/>	Reflection: <i>The latest evidence relating to pharmacy practice in cardiology was presented, including pharmacological management and considerations in AF (including post-op), ACS, heart failure, hyperlipidaemia, post-coronary intervention. The greatest value was discussing cases, and applying research evidence to individuals. Discussing the different expertise within a multidisciplinary team with nurses, physicians and pharmacists who were present was also useful.</i>
	Competencies covered: <i>3.1, 3.2, 3.3, 3.5, 5.3</i>	
	CPD credits: <i>6 Group 1</i>	

Activity 2	Activity: <i>Read abstracts for key cardiology journals: Heart (BMJ), American Journal of Cardiology, European Heart Journal – up to December</i>	
	Activity completed <input checked="" type="checkbox"/>	Reflection: <i>Abstracts gave me a broad overview of the latest research. The article of most relevance to my role was a review of the duration of dual antiplatelet therapy in acute coronary syndrome. I was also interested to learn about advances in computational modelling for personalised medicine after myocardial infarction, and think this is something we will need to keep abreast of.</i>
	Competencies covered: <i>3.1, 3.2, 3.3, 3.5, 5.3</i>	
	CPD credits: <i>2 Group 1</i>	

Activity 3	Activity: <i>Read abstracts for key cardiology journals: Heart (BMJ), American Journal of Cardiology, European Heart Journal – up to March</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	
	CPD credits:	

Activity 4	Activity: <i>Read abstracts for key cardiology journals: Heart (BMJ), American Journal of Cardiology, European Heart Journal – up to June</i>	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	
	CPD credits:	

Name: Date completed: / / 20

Goal 3:

To understand my obligations in relation to patients with end of life decisions and care, and how our team uses advance care directives.

Identify activities you could take to reach your goal.

Once completed, reflect on how the activity has helped achieve this goal and impacted on your practice.

Activity 1	Activity:	
	<i>Read state government standards/guidelines on using advance care directives</i>	
	Activity completed <input checked="" type="checkbox"/>	Reflection: <i>The document on Using Advance Care Directives summarises why advance care planning is important, its aims, how the directive (ACD) is one component within the process, and best practice recommendations. I will raise this at our next team meeting to understand existing processes in the hospital around these, and the experiences of those who have used them.</i>
	Competencies covered: <i>1.3</i>	
CPD credits: <i>1 Group 1</i>		
Activity 2	Activity:	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	
	CPD credits:	
Activity 3	Activity:	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	
	CPD credits:	
Activity 4	Activity:	
	Activity completed <input type="checkbox"/>	Reflection:
	Competencies covered:	
	CPD credits:	

Name: Date completed: / / 20